

Δλληλοια. Φαι πε πιέροον έτα Ποc θαμιοc:
μαρενθεληλ ήτενογνοc υμον ήδητc: ω Ποc εκέναρωεν:
ω Ποc εκέκορτεν νενμωιτ: εcμαρωοτ ήχε φηέθηνογ
θεν φραν υΠοc: αλ.



Χερε νε Βαρια: τβρουπι εθνεωc: θεέταρωιци нан: υΦτ
πιλωcοc.

Κcμαρωοτ αληθωc: νευ Πεκιωτ ήαcαθωc: νευ
πιΠνευμα εοτ: χε (ακι) ακωτ υμον. Παι нан.



Δλληλοια. Χε φμετι ήορωμι εφεοτωνεc νακ εβολ Ποc:
οτοc ήρωπ ήτε ορωετι εφερωαι νακ. Πιθηρια
ηιπροcφορα ωποοτ εροκ. Δλληλοια.



Καθολικον εβολθεν τπιcτολη ήτε πενωτ (...)
ναμερατ.

Παcηνογ υπερωενρε πικωμοc ορωδε ηηέτωοπ δεν
πικωμοc: πικωμοc ναcινη νευ τεφεπιθηρια: φη δε ετιρι
υφορωω υΦτ εηαωωπι ωα ενεε: αωην.



†Ψοῦρη ἡνοῦβ τε †Παρθένος: πεσάρωματα πε πενσωρ:
ασιαι ἕμοσ ασιω† ἕμων: οσοσ ασιχα κεννοβι κλην ἔβολ.



Απετχηκ ἔβολ ἦχε πικῶσ τοῦ Λοσοῦ Πεσιωτ: ἰ ασιβι
ασιζ ζωσ ρωσι ἦτελιος.

Memorization

PSALM 40

Blessed is he who thinks of the poor and needy: the Lord shall deliver him in an evil day. The Lord shall preserve him and keep him alive, and make him blessed on the earth, and not deliver him into the hands of his enemies. The Lord shall help him upon the bed of his pain; You have made all his bed in his sickness.

I said, O Lord, have mercy on me; heal my soul; for I have sinned against You. My enemies have spoken evil against me, saying, "When shall he die, and his name perish?" And if he came to see me, he spoke in vanity; and his heart gathered unto him iniquity; he went forth and spoke in like manner. All my enemies whispered against me; against me they devised evil. They denounced a wicked word against me, saying, "Now that he lies, shall he not rise up again?" For even the man of my peace, he whom I trusted, who ate my bread, lifted up his heel against me.

But you, O Lord, have mercy upon me, and raise me up, and I shall compensate them. In this I knew that You were delighted in me, because my enemy shall not rejoice over me. But because of my innocence You accepted me, and have established me before You forever. Blessed be the Lord God of Israel, from everlasting and to everlasting. So be it, so be it.
ALLELUIA.